



Midlothian Studio:

2441 Colony Crossing Place
Midlothian, Virginia 23112
(804) 272-9152
danceatlegacy@gmail.com

Summer 2025 Schedule

6 Weeks: June 23rd - August 1st

Class Ages and Experience Guidelines

Ages 2-6 Pre-dance and Beginning Level:

Our youngest dancers! Classes are a combination of basic ballet, creative movement, tap or jazz skills. Terminology, rhythm, and coordination are taught, practiced, and developed through movement and music in a positive and supportive environment. Larger classes will have a teacher and an assistant to help meet students' needs.

Ages 6-8 years: Petite Program, Level I:

These students will be participating in the basic levels of dance training. Students learn discipline and technique while gaining knowledge in the fundamentals of dance movement and choreography. These classes teach rhythm, musicality, expression, and coordination with age appropriate choreography. We offer Petite Level classes with a focus in Ballet, Jazz, Tap, Hip Hop and Contemporary.

Advanced Technique Program:

For dancers ages 8 and up

For the 2025-26 dance season Legacy will include 7 Advanced Training Levels. Our Advanced Training Program is designed to fit each individual's needs and desires. Dancers may choose to train in one style of dance, or multiple styles of dance based on their interest level. Experience and backgrounds of each dancer may vary, however all students will be placed at a level that will challenge them appropriately, while also reinforcing and working on foundational skills needed. Whether your desire is to dance recreationally, or a dancer is looking to continue their dance education or dance professionally, we will help to design the correct class placements to suit your needs.

Age is only one factor used when placing students into levels, experience and skill level will be heavily weighed in all placement decisions

New students will need to be evaluated for proper placement. It is our goal to place every student in the most appropriate class for their level and maturity. Students entering without experience are always welcome to join us.

Ballet Company: To be approved for company classes you must also enroll in a second ballet class at your level.

Pre-Pointe and Pointe: Students may enroll in Pre-Pointe or Pointe with an instructor's approval. It is important that a proper evaluation is completed for all pointe dancers. Must also take ballet class.

Legacy reserves the right to make changes to any student's class schedule, it is important to us that we have the most appropriate placement for maturity and development for every dancer.

www.legacyschoolofdance.com

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			1:00-2:00p.m. Beg. Ballet/Tap 3-5 years			4:00-5:00p.m. Acro Advanced II	4:00-5:00p.m. Contemporary Level 6	4:00-5:00p.m. Contemporary Level 4 & 5
4:30-6:00p.m. Ballet Level 7	4:45-5:45p.m. Beg. Ballet/Tap 3-5 years	5:00-5:45p.m. Pre-Ballet/Tap 2-3 years	5:15-6:00p.m. Pre. Ballet/Tap 2-4 year	5:00-6:00p.m. Beg. Ballet/Tap 4-5 years		5:00-6:00p.m. Acro Intermediate	5:00-6:00p.m. Contemporary/Jazz Level 2	5:00-6:00p.m. Tap Intermediate-Advanced
6:00-7:30p.m. Ballet Level 6	6:00-6:45p.m. Pointe Level 3+	5:45-6:45p.m. Petite Ballet/Jazz 5-7 years	6:00-7:00p.m. Petite Ballet/Jazz 5-7 years	6:00-7:00p.m. Jazz Level 3		6:00-7:00p.m. Contemporary Level 7	6:00-7:00p.m. Acro Advanced I	6:00-7:00p.m. Tap Beginning-Intermediate
	6:45-7:30p.m. Pointe Level 1	6:45-8:00p.m. Ballet Level 3	7:00-8:00p.m. Acro Beginner-Intermediate			7:00-8:00p.m. Jazz Level 7	7:00-8:00p.m. Jazz Level 6	7:00-8:00p.m. Hip Hop Beginner Intermediate
7:30-9:00p.m. Ballet Level 4 & 5	7:45-8:30p.m. Pointe Level 2-3	8:00-9:00p.m. Contemporary Level 3				8:00-9:00p.m. Hip Hop Advanced	8:00-9:00p.m. Jazz Level 4 & 5	8:00-9:00p.m. Hip Hop Intermediate-Advanced
<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
5:00-6:00p.m. Acro Beginnier	5:00-6:00p.m. Petite Ballet/Contemporary	5:00-6:00p.m. Beg. Ballet/Jazz 4-6 years						
6:00-7:00p.m. Ballet Level 2	6:00-7:00p.m. Petite Acro	6:00-7:00p.m.						
7:00-8:00p.m. Hip Hop Beginner	7:00-8:00p.m.	7:00-8:00p.m.						